



تحت رعاية صاحبة السمو الملكي الأميرة غيداء طلال
Under The Patronage of HRH Princess Ghida Talal



The 8th International Conference of The Jordanian Association of **Psychiatrists**

and The Conference on Supporting the Mental Health Sector in GAZA

Psychiatry for Humanity – Gaza in Focus

المؤتمر الدولي الثامن لجمعية أطباء الأمراض النفسية الأردنية
ومؤتمر دعم الصحة النفسية في قطاع غزة

📍 Landmark Amman Hotel

📅 9th - 10th. April. 2026

SCIENTIFIC PROGRAM

By

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Day 1, Thursday 9th, April 2026

09:00 – 09:30

Registration




09:30 – 10:30

Opening Session: Mental Health in Gaza
Chairpersons: Dr. Wa'el Almomani, Dr. Ammar Al-Attar

Time	Topic	Speaker	Country
09:30 – 09:45	Emergency Mental Health and Psychosocial Support Response in Gaza During the War: Maintaining Services Despite Total Infrastructure Destruction	Dr. Abdullah Al-Jamal	
09:45 – 10:00	التحديات والحلول في انجاز مشاريع الرعاية النفسية في قطاع غزة OASIS OF COMFORT	Dr. Alaa Dalloul	
10:00 – 10:15	Practical projects to support mental health sector in Gaza. Together we make difference	Dr. Ahmad Alaboodi	
10:15 – 10:30	Wounds You Can't See – Mental Health in the Shadow of War	Dr. Omar Shamieh	
11:00 – 12:00 Opening Ceremony			
11:00 – 11:10	The Royal Anthem and Recitation from the Holy Quran		
11:10 – 11:15	Speech by Dr. Nayel Al-Adwan – Chairman of the Scientific Committee		
11:15 – 11:20	Speech by Dr. Ala'a Alfrokh – Conference President		
11:20 – 11:25	Speech by Her Royal Highness Princess Ghida Talal		
11:25 – 12:00	Memorial Lecture From Battlefields to Clinics	Dr. Walid Sarhan	
12:00 – 12:15	Coffee Break		




Session 1 : Innovations in Schizophrenia Treatment and Medication Adherence

12:15 – 13:00 Chairpersons: Dr. Usama Alneamy, Dr. Ahmad Al-Masri

Time	Topic	Speaker	Country
12:15 – 12:35	The P/A/R Syndrome How Schizophrenia Starts Before Psychosis	Dr. Usama Alneamy	
12:35 – 12:55	New Smart Transdermal Patch dosage form for the administration of neuroleptics	Dr. Tarik Al-Kubaisy	
12:55 – 13:00	Questions & Answers		
13:00 – 14:00	Lunch 		

Session 2 : Conflict Psychiatry and Building Mental Health Capacity in Complex Settings

14:00 – 15:10 Chairpersons: Dr. Joseph El-Khoury, Dr. Nader AlSmady






Time	Topic	Speaker	Country
14:00 – 14:20	Geopsychiatry	Prof. Tarek A. Okasha	
14:20 – 14:40	The challenges of conflict psychiatry: A geopsychiatry perspective	Dr. Joseph El-Khoury	
14:40 – 15:00	Building Psychiatric Capability in Complex Settings	Prof. Norbert Skokauskas	
15:00 – 15:10	Questions & Answers		

Session 3 : Advances in Psychotherapy: Clinical Approaches and Neurobiological Insights

15:10 – 16:40 Chairpersons: Dr. Maher Al Asasleh, Dr. Abdelrahman Mizher			
Time	Topic	Speaker	Country
15:10 – 15:30	Supportive psychotherapy vs psychoeducation	Prof. Tariq Al-Habeeb	
15:30 – 15:50	Treatment of MDE with Mixed and Anxious Specifiers	Prof. Tewfik K. Daradkeh	
15:50 – 16:10	مقدمة في العلاج السلوكي المعرفي للرهاب الاجتماعي	Prof. Wa'il AbouHendy	
16:10 – 16:30	Cotard Syndrome: When the Self Vanishes – Investigating Nihilistic Delusions at the Boundary Between Depression and Psychosis	Dr. Maher Al Asasleh	
16:30 – 16:40	Questions & Answers		
16:40 – 17:00	Coffee Break		

Session 4 : Trauma and Psychosocial Interventions for Children, Youth, and Adults in Conflict-Affected Zones

17:00 – 18:40 Chairpersons: Dr. Maram Abu Gharbieh, Dr. Arafat Zubi


Time	Topic	Speaker	Country
17:00 – 17:20	Growing Amidst War: Rethinking the mental health response for the children and youth of Gaza living under prolonged armed conflict and protracted violence	Dr. Audrey MacMahon	
17:20 – 17:35	Effectiveness of Emergency Psychological Support Interventions in Reducing Depression, Anxiety, and Stress Among Primary Health Care Service Users in Gaza During the 2023–2025 Gaza War	Dr. Osama Jabr Emad	
17:35 – 17:55	The impact of war on suicide and mental health	Dr. Mohammed Amin El-Hihi	
17:55 – 18:15	The Impact of Living in High-Threat Areas on Psychological Resilience and Mental Health among Palestinians (after the Jerusalem Uprising (May 2021	Dr. Maram Abu Gharbieh	
18:15 – 18:30	Effectiveness of the therapeutic intervention in improving the mental health of orphans of the genocidal war on Gaza	Dr. Hussein Mansour	
18:30 – 18:40	Questions & Answers		

Workshops

Day 1, Thursday 9th, April 2026

Workshop 1:

14:00 – 15:30

Time	Topic	Speaker	Country
14:00 – 15:30	“Attention Deficit Hyperactivity Disorder” (ADHD)	Dr. Mahmoud Bashtawi	

Workshop 2:

16:00 – 18:00

Time	Topic	Speaker	Country
16:00 – 18:00	How you can build your career	Prof. Tariq Al- Habeeb	



16:40 – 17:00

Coffee Break




Day 2, Friday 10th, April 2026




Session 1 : Neuropsychiatry & Chronic Medical Conditions

09:00 – 09:40 Chairpersons: Dr. Ibrahim Al-Salek, Dr. Ahmed Abdelkhaleq				
Time	Topic	Speaker	Country	
09:00 – 09:20	Fatigue and health-related quality of life in patients with multiple sclerosis	Prof. Ekhlas Al Gamal		
09:20 – 09:40	Brain Changes in Psychotherapy: A Neuroimaging Perspective	Dr. Ibrahim Al-Salek		





Session 2 : Suicid Prevention and Ai

09:40 – 10:50 Chairpersons: Dr. Ahmad Bawaneh, Dr. Amer Al-Rawajfeh				
Time	Topic	Speaker	Country	
09:40 – 10:00	The Hidden Burden of Suicide in the Arab Region and Jordan: Cultural Barriers to Understanding and Prevention	Dr. Ahmad Bawaneh		
10:00 – 10:20	AI Augmented Suicide Prevention: Improving Detection, Prediction and Intervention for Risk in Psychiatry	Dr. Mohammad Wa'el Hindeyeh		
10:20 – 10:40	Automated Anxiety Screening and Risk Stratification: A Balanced Validation of ChatGPT Using the GAD-7 Scale	Dr. Khalid Abuelsamen		
10:40 – 10:50	Questions & Answers			
10:50 – 11:00	Coffee Break			

Session 3 : Women’s Mental Health: Healing, Empowerment, and Overcoming Stigma

11:00 – 12:10 Chairpersons: Dr. Ali Alqam, Dr. Rafat Abu Rumman			
Time	Topic	Speaker	Country
11:00 – 11:20	WHEN WOMEN HEAL, THE WORLD HEALS	Prof. Dr. Unaiza Niaz	
11:20 – 11:40	Internalized Stigma	Dr. Ali Alqam	
11:40 – 12:00	Trauma from psychoanalytic point of view – From Freud to Lacan	Dr. Rafat Abu Rumman	
12:00 – 12:10 Questions & Answers			

Session 4 : Stigma, Collective Trauma, and the Psychological Impact of Regional Conflict.





12:10 – 12:40 Chairpersons: Dr. Wa’el Almomani, Dr. Moussa Hassan			
Time	Topic	Speaker	Country
12:10 – 12:20	Men’s mental health, Unique Challenges in Jordan and the Arab World.	Dr. Amer Al-Rawajfeh	
12:20 – 12:30	The Impact of Social Stigma on Symptom Expression and Help-Seeking Behavior	Dr. Mohammad Abu Sliah	
12:30 – 12:40	The Psychological Impact of the War on Gaza on Jordanians: A Focus on Men’s Mental Health	Dr. Wa’el M. Al-Momani	
12:40 – 14:00 Friday Prayer & Lunch			

Session 5 : Child, Adolescent, and Lifespan Mental Health.

14:00 – 15:30 Chairpersons: Dr. Tayseer Shawash, Dr. Ammar Al-Attar

Time	Topic	Speaker	Country
14:00 – 14:20	Puzzles of ADHD across Life Span	Prof. Mahmoud El Wasify	
14:20 – 14:40	Child and Adolescent Psychiatry in Germany: Structural Evolution and the Potential for International Synergy	Dr. Morsi Abdallah	
14:40 – 15:00	Patterns and severity of Internet and mobile phone misuse among private school students in Amman	Dr. Tayseer Shawash	
15:00 – 15:20	ملخص دراسة الاستجابة الصدمية عند الأطفال المهجرين داخل بلادهم وخارج بلادهم	Dr. Moussa Hassan	
15:20 – 15:30	Questions & Answers		
15:30 – 15:50	Coffee Break 		

Session 6 : Mental Health, Stress, and Resilience in Healthcare Professionals and Medical Students





15:50 – 17:20 Chairpersons: Prof. Ayman Mansour, Prof. Manar AlAzzam			
Time	Topic	Speaker	Country
15:50 – 16:10	Estimation of the prevalence and risk factors of depression and anxiety symptoms among Jordanian healthcare professionals	Prof. Manar AlAzzam	
16:10 – 16:30	Frequency of beta-blocker use amongst medical students in the University of Jordan, and the association that use had to self-reported anxiety	Dr. Tala Darabkeh	
16:30 – 16:50	The Moderation Effect of Resilience on the Relationship Between PTSD, Depression, and Life Satisfaction Among On-Duty Healthcare Professionals in Gaza	Prof. Ayman Mansour	
16:50 – 17:10	Burnout Syndrome Among General Practitioners and Residents in Yemen	Dr. Abdullah Alsayadi	
17:10 – 17:20	Questions & Answers		
17:20 – 17:30	Closing ceremony		

Workshops

Day 2, Friday 10th, April 2026


Workshop 1:

10:00 – 12:00

Time	Topic	Speaker	Country
10:00 – 10:30	Foundations of Artificial Intelligence in Psychotherapy	Dr. Mohammed abu slaih	
10:30 – 11:00	Clinical Applications and Practical Use of AI	Ali mohammed abu alfoul	
11:00 – 11:30	Limitations, Risks, and Ethical Considerations	Heba sadaldeen	
11:30 – 12:00	Integration of AI Tools in Modern Clinical Practice	Mohammed abu saleem	

Workshop 2:

14:00 – 15:30

Time	Topic	Speaker	Country
14:00 – 15:30	استخدام تقنيات المناظرة المنظمة لتحسين اتخاذ القرار والتفكير الإكلينيكي في الطب النفسي	Dr. Mohammed Al Jalei	

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